

Villa Oasis High School - March 2022

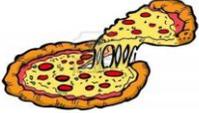
Monday

Tuesday

Wednesday

Thursday

Friday

<p>Breakfast Choice of: Bagel w/ cream cheese or Muffin, banana nut or Cinnamon swirl or Peanut butter and jelly s/w or Cereal and or cheese stick Fruit / Juice / Milk</p>	<p>Breakfast Choice of: Bagel w/ cream cheese or Muffin, banana nut or Cinnamon swirl or Peanut butter and jelly s/w or Cereal and or cheese stick Fruit / Juice / Milk</p>	<p>Breakfast Choice of: Bagel w/ cream cheese or Muffin, banana nut or Cinnamon swirl or Peanut butter and jelly s/w or Cereal and or cheese stick Fruit / Juice / Milk</p>	<p>Breakfast Choice of: Bagel w/ cream cheese or Muffin, banana nut or Cinnamon swirl or Peanut butter and jelly s/w or Cereal and or cheese stick Fruit / Juice / Milk</p>	<p>Breakfast Choice of: Bagel w/ cream cheese or Muffin, banana nut or Cinnamon swirl or Peanut butter and jelly s/w or Cereal and or cheese stick Fruit / Juice / Milk</p>	
				<p>01 Lunch Hotdog or Cheeseburger Potatoes/veggies Fruit / Juice / Milk</p>	<p>Breakfast Menu Nutrient AVG Calories 458 Sodium (mg) 427 Total Fat (g) 6.28 Saturated Fat (g) 2.65 Trans Fat' (g) 0.00</p>
<p>04 Lunch Chicken burger or Ham and cheese s/w Baked beans / Potatoes Fruit / Juice / Milk</p>	<p>05 Lunch Chicken tenders w/cookie or Corn dog Potatoes / Veggies Fruit / Juice / Milk</p>	<p>06 Lunch Tacos or Chicken quesadilla Beans / Corn Fruit / Juice / Milk</p>	<p>07 Lunch Spaghetti, roll or Pizza Broccoli /Carrots Fruit / Juice / Milk</p>	<p>08 Lunch Hotdog or Cheeseburger Potatoes/veggies Fruit / Juice / Milk</p>	<p>Lunch Menu Nutrient AVG Calories 767 Sodium (mg) 1060 Total Fat (g) 21.68 Saturated Fat (g) 6.19 Trans Fat' (g) 0</p>
<p>11 Lunch Chicken burger or Ham and cheese s/w Baked beans / Potatoes Fruit / Juice / Milk</p>	<p>12 Lunch Chicken tenders w/cookie or Corn dog Potatoes / Veggies Fruit / Juice / Milk</p>	<p>13 Lunch Tacos or Chicken quesadilla Beans / Corn Fruit / Juice / Milk</p>	<p>14 Lunch Spaghetti, roll or Pizza Broccoli /Carrots Fruit / Juice / Milk</p>	<p>15 No School!</p>	
<p>18 Lunch Chicken burger or Ham and cheese s/w Baked beans / Potatoes Fruit / Juice / Milk</p>	<p>19 Lunch Chicken tenders w/cookie or Corn dog Potatoes / Veggies Fruit / Juice / Milk</p>	<p>20 Lunch Tacos or Chicken quesadilla Beans / Corn Fruit / Juice / Milk</p>	<p>21 Lunch Spaghetti, roll or Pizza Broccoli / Carrots Fruit / Juice / Milk</p>	<p>22 Lunch Hotdog or Cheeseburger Potatoes/veggies Fruit / Juice / Milk</p>	
<p>25 Lunch Chicken burger or Ham and cheese s/w Baked beans / Potatoes Fruit / Juice / Milk</p>	<p>26 Lunch Chicken tenders w/cookie or Corn dog Potatoes / Veggies Fruit / Juice / Milk</p>	<p>27 Lunch Tacos or Chicken quesadilla Beans / Corn Fruit / Juice / Milk</p>	<p>28 Lunch Spaghetti, roll or Pizza Broccoli / Carrots Fruit / Juice / Milk</p>	<p>29 Lunch Hotdog or Cheeseburger Potatoes/veggies Fruit / Juice / Milk</p>	

Assorted fruit, juice, fat free chocolate and 1% white milk available for breakfast and lunch / Menu items subject to change due to availability.
USDA is an equal opportunity provider.